

Frederick Farms 4oz Chocolate Frozen Yogurt Cup

Ingredients:

Milk, Sugar, Corn Syrup, Nonfat Dry Milk, Whey, Cream, Cocoa Processed with Alkali, Stabilizer (Mono & Diglycerides, Guar Gum, Locust Bean Gum, Polysorbate 80, Carrageenan), Salt. (Contains Live Cultures: Streptococcus thermophilus, Lactobacillus bulgaricus).

CONTAINS: MILK

Nutrition Facts			
Serving Size		4 Fl. Oz.	(67g)
Servings Per Container		1	
Amount Per Serving			
Calories	100	Calories from Fat	20
		% Daily Value*	
Total Fat	2g		3%
Saturated Fat	1.5g		7%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	55mg		3%
Total Carbohydrate		19g	6%
Dietary Fiber	0		0%
Sugars	15g		
Protein	3g		
Vitamin A	2%	Vitamin C	0%
Calcium	8%	Iron	6%

updated 6-25-15 sw

Frederick Farms 4oz. Vanilla Frozen Yogurt Cup

Ingredients:

Milk, Sugar, Corn Syrup, Nonfat Dry Milk, Whey, Cream, Stabilizer (Mono & Diglycerides, Guar Gum, Locust Bean Gum, Polysorbate 80, Carrageenan), Natural and Artificial Vanilla Flavor.

(Contains Live Cultures: Streptococcus Thermophilus, Lactobacillus Bulgaricus)

CONTAINS: MILK

Nutrition Facts			
Serving Size		1/2 Cup	(67g)
Servings Per Container		1	
Amount Per Serving			
Calories	100	Calories from Fat	20
			% Daily Value*
Total Fat	2g		3%
Saturated Fat	1.5g		6%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	60mg		2%
Total Carbohydrate		18g	6%
Dietary Fiber	0g		0%
Sugars	14g		
Protein	3g		
Vitamin A	2%	Vitamin C	0%
Calcium	8%	Iron	4%

updated 6-24-15 sw



FrozFruit® Chunky Strawberry

Strawberry fruit bar with pieces of real strawberries and other natural flavors.

Item #1050495 | UPC #007064001384



Ingredients

Water, Strawberries, Sugar, Corn Syrup, High Fructose Corn Syrup. Contains 1% or less of Natural Flavors, Strawberry Essence, Citric Acid, Guar Gum, Cellulose Gum, Xanthan Gum, Ascorbic Acid, Food Starch-Modified, Annatto Extract and Beet Juice for Color.

Allergen Information:

Note: Nutritional properties of products intended for sale in high altitude areas may vary due to specific manufacturing practices used to maintain product quality. Please refer to the nutrition facts panel on package for current details.

Product Specifications

Unit Size: 2DZ BULK

Case Pack: 1/2DZ

Case Dimensions: 11.25 in. x 7.125 in. x 4.625 in.

Case Weight: 6.80 lbs.

Case Cube: 0.21

Case Pallet: 308

TIH: 22 x 14

Nutrition Facts

Serving Size 1 Bar (120g)

Servings Per Container 1

Amount Per Serving

Calories 130 Calories from Fat 0

% Daily Values **

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 10mg **0%**

Potassium mg **%**

Total Carbohydrate 32g **11%**

Dietary Fiber <1g **4%**

Sugars 24g

Protein 0g **0%**

Vitamin C 30% **Iron 0%**

Vitamin A 0% **Calcium 0%**

*Contains less than 2% of these values

**Percent Daily Values are based on a 2,000 calorie diet. Your Daily

Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g



97024

Fudge Frenzy Bar

Chocolate Flavored Frozen Dairy Snack

Nutrition Facts

1 serving per container
Serving size 1 bar (63g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	0%
Sodium 65mg	3%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars 19g	
Includes 13g Added Sugars	26%

Protein 2g

Vit. D 0mcg 0% • Calcium 79mg 6%
Iron 1mg 6% • Potas. 263mg 6%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 2.5 FL. OZ (74mL)

UPC: 0-75455-86210-7

Allergens: MILK

Ingredients:

SKIM MILK, WHEY, CORN SYRUP, CANE SUGAR, COCOA, STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), NATURAL COCOA EXTRACT.

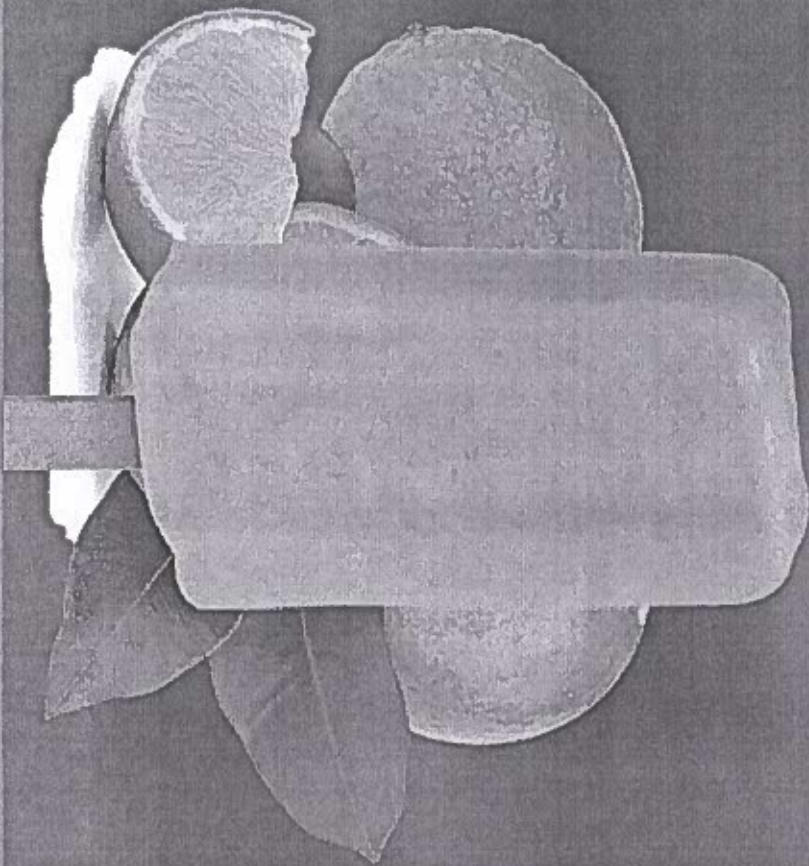
70540



HELADOS

MEXICO

PREMIUM FRUIT BAR · PALETA DE FRUTA



Nutrition Facts

1 Serving Per Container
Serving Size 1 bar/ (117g)

Amount Per Serving

Calories 90

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 23g 8%

Dietary Fiber 0g 0%

Total Sugars 23g

Includes 23g Added Sugars 45%

Protein 0g

Vitamin D 0mcg 0%

Calcium 4mg 0%

Iron 0mg 0%

Potassium 7mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, CANE SUGAR, LIME JUICE, CITRIC ACID, YELLOW #5 AND BLUE #1, GUAR GUM, LIME EXTRACT.

PROCESSED IN A FACILITY WITH EQUIPMENT THAT ALSO PROCESSES MILK, TREE NUTS (PECAN & COCONUT), EGGS, SOY AND WHEAT. SO THIS PRODUCT MAY CONTAIN TRACES OF THESE INGREDIENTS.

Limón
Lime

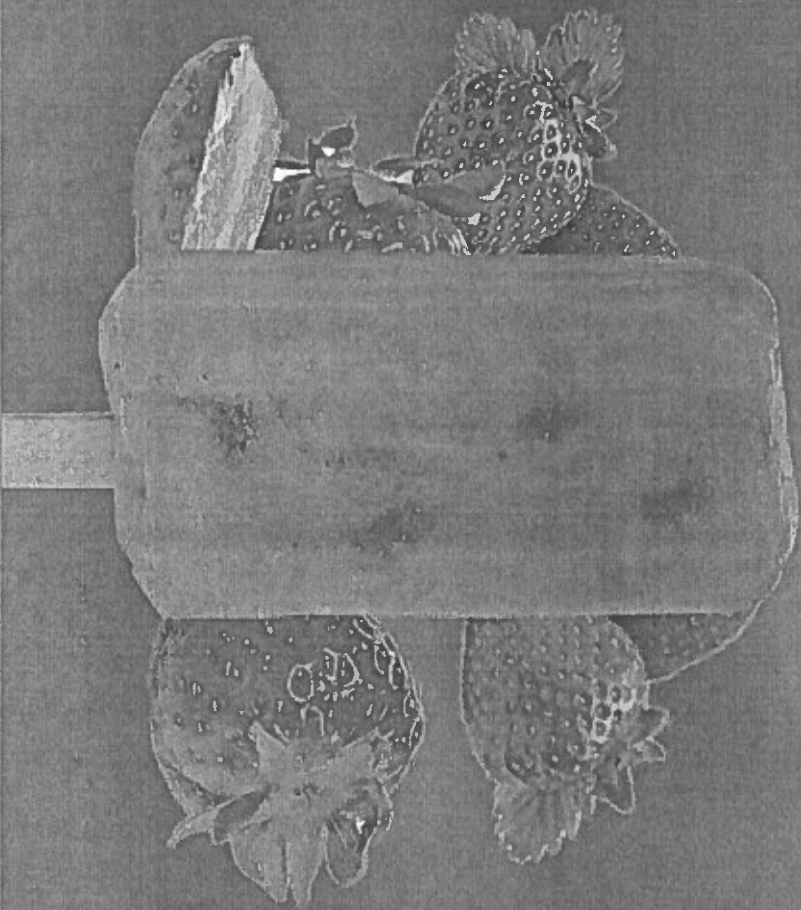
4oz SINGLES



HELADOS

MEXICO

PREMIUM FRUIT BAR • PALETA DE FRUTA



Fresca
Strawberry

Nutrition Facts

1 Serving Per Container
Serving Size 1 bar/ (117g)

Amount Per Serving
Calories 100

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 20mg 1%

Total Carbohydrate 26g 9%

Dietary Fiber 1g 4%

Total Sugars 25g

Includes 24g Added Sugars **50%**

Protein 0g

Vitamin D 1mcg 6%

Calcium 6mg 0%

Iron 0mg 0%

Potassium 38mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, STRAWBERRY, CANE SUGAR, CITRIC ACID, GUAR GUM, NATURAL STRAWBERRY FLAVOR, BETA-CAROTENE (COLOR), BEET JUICE (COLOR)

PROCESSED IN A FACILITY WITH EQUIPMENT THAT ALSO PROCESSES MILK, TREE NUTS (PECAN & COCONUT), EGGS, SOY AND WHEAT. SO THIS PRODUCT MAY CONTAIN TRACES OF THESE INGREDIENTS.

4oz SINGLES

Birthday Cake Cone

Birthday Cake Artificially Flavored Frozen Dairy Snack in a Wafer Cone

Nutrition Facts

1 serving per container
Serving size **1 cone (69g)**

Amount per serving
Calories 150

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol <5mg	0%
Sodium 90mg	4%
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 14g	
Includes 14g Added Sugars	28%

Protein 2g

Vit. D 0mcg 0% • Calcium 43mg 4%
Iron 0.5mg 2% • Potas. 171mg 4%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 3 FL. OZ (89mL)

UPC: 0-75455-42400-8

Allergens: MILK, WHEAT, SOY

Ingredients:

FROZEN DAIRY SNACK: SKIM MILK, WHEY, CORN SYRUP, CANE SUGAR, MALTODEXTRIN (CORN), BUTTERFAT (CREAM), STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), NATURAL AND ARTIFICIAL FLAVORS, SPIRULINA EXTRACT. **CONE:** WHOLE GRAIN WHEAT FLOUR, SUGAR, SOYBEAN AND/OR PALM OIL, SOY LECITHIN, SALT. **COATING:** COCONUT OIL, SUGAR, FULLY HYDROGENATED COCONUT OIL, PALM OIL, COCOA, COCOA PROCESSED WITH ALKALI, CHOCOLATE LIQUOR, SOY LECITHIN, SALT, ARTIFICIAL FLAVOR. **SPRINKLES:** SUGAR, CORN STARCH, VEGETABLE OIL (PALM, PALM KERNEL), CONFECTIONER'S GLAZE, FRUIT AND VEGETABLE CONCENTRATES (COLOR), SOY LECITHIN, COLOR ADDED, DEXTRIN, CARNAUBA WAX, SODIUM BICARBONATE.

Chocolate Crunch Cake

Chocolate and Vanilla Naturally and Artificially Flavored Frozen Dairy Snack with Crunch Coating

Nutrition Facts

1 serving per container
Serving size 1 bar (70g)

Amount per serving
Calories 150

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 23g	8%
Dietary Fiber <1g	4%
Total Sugars 13g	
Includes 13g Added Sugars	26%
Protein 1g	
Vit. D 0mcg	0%
Calcium 30mg	2%
Iron 0.5mg	2%
Potas. 100mg	2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 3 FL. OZ (89mL)

UPC: 0-75455-85000-5

Allergens: MILK, WHEAT, SOY

Ingredients:

FROZEN DAIRY SNACK: SKIM MILK, WHEY, WATER, CANE SUGAR, CORN SYRUP, MALTODEXTRIN (CORN), COCOA, BUTTERFAT (CREAM), STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN). **COATING:** SOYBEAN OIL AND PALM OIL. **CRUNCH:** WHOLE WHEAT FLOUR, WHEAT FLOUR, SUGAR, VEGETABLE OIL (SOYBEAN AND PALM OIL), COCOA (PROCESSED WITH ALKALI), SOY LECITHIN, CONTAINS 2% OR LESS OF THE FOLLOWING: CORN SYRUP, SALT, CHOCOLATE LIQUOR, BAKING SODA, NATURAL FLAVOR.



97003

Crumbled Cookie Bar

Chocolate and Vanilla Naturally and Artificially Flavored Frozen Dairy Snack with Crunch Coating

Nutrition Facts

1 serving per container
Serving size 1 bar (70g)

Amount per serving
Calories 150

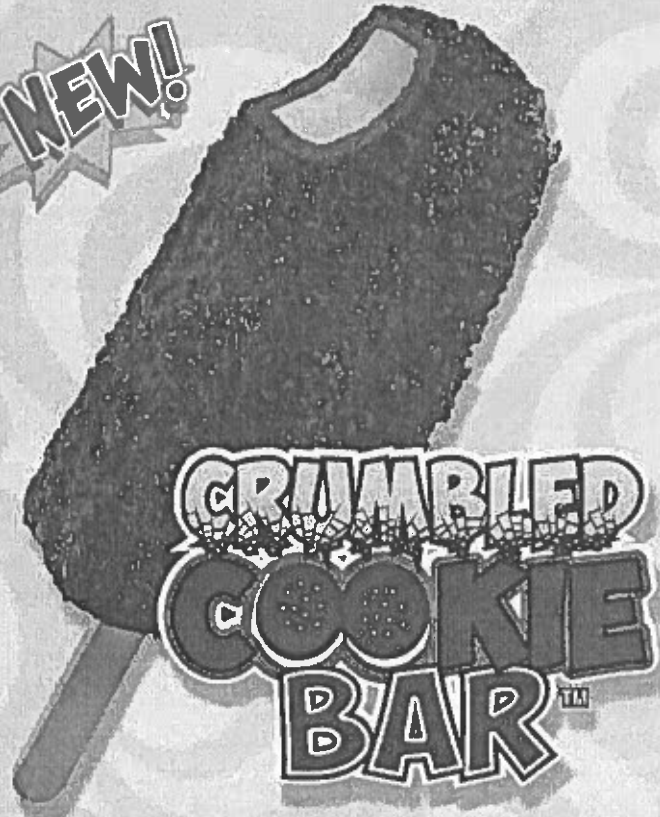
	% Daily Value*
Total Fat 5g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 23g	8%
Dietary Fiber <1g	4%
Total Sugars 13g	
Includes 13g Added Sugars	26%

Protein 1g

Vit. D. 0mcg 0% • Calcium 30mg 2%
Iron 0.5mg 2% • Potas. 100mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NEW!



NUT FREE
FACILITY

NO ARTIFICIAL
DYES

NO HIGH
FRUCTOSE
CORN SYRUP

SESAME
SEED FREE

WHOLE
GRAIN

SMART
SNACK

DAIRY

Size: 3 FL. OZ (89mL)

UPC: 0-75455-85200-9

Allergens: MILK, WHEAT, SOY

Ingredients:

FROZEN DAIRY SNACK: SKIM MILK, WHEY, WATER, CANE SUGAR, CORN SYRUP, MALTODEXTRIN (CORN), COCOA, BUTTERFAT (CREAM), STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN). **COATING:** SOYBEAN OIL AND PALM OIL. **CRUNCH:** WHEAT FLOUR, SUGAR, COCOA (PROCESSED WITH ALKALI), CORN SYRUP, PALM OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: CORN FLOUR, BAKING SODA, SALT, SOY LECITHIN, AND NATURAL FLAVOR.

Crumbled Cookie Cone

Vanilla Artificially Flavored Frozen Dairy Snack with Crushed Cookie Pieces in a Wafer Cone

Nutrition Facts

1 serving per container
Serving size **1 cone (69g)**

Amount per serving
Calories 150

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 14g	
Includes 12g Added Sugars	24%
Protein 2g	
Vit. D 0mcg 0%	Calcium 46mg 4%
Iron 0.6mg 4%	Potas. 180mg 4%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 3 FL. OZ (89mL)

UPC: 0-75455-42200-4

Allergens: MILK, WHEAT, SOY

Ingredients:

FROZEN DAIRY SNACK: SKIM MILK, WHEY, CORN SYRUP, CANE SUGAR, MALTODEXTRIN (CORN), BUTTERFAT (CREAM), STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), ARTIFICIAL FLAVOR. **CONE:** WHOLE GRAIN WHEAT FLOUR, SUGAR, SOYBEAN AND/OR PALM OIL, SOY LECITHIN, SALT. **COATING:** COCONUT OIL, SUGAR, FULLY HYDROGENATED COCONUT OIL, PALM OIL, COCOA, COCOA PROCESSED WITH ALKALI, CHOCOLATE LIQUOR, SOY LECITHIN, SALT, ARTIFICIAL FLAVOR. **COOKIE CRUNCH:** WHOLE WHEAT FLOUR, WHEAT FLOUR, SUGAR, PALM OIL, COCOA (PROCESSED WITH ALKALI), CONTAINS 2% OR LESS OF THE FOLLOWING: SOY LECITHIN, SALT, BAKING SODA, CHOCOLATE LIQUOR, NATURAL AND ARTIFICIAL FLAVOR.

Cotton Candy Twirl Bar

Cotton Candy Artificially Flavored Juice Pop

Nutrition Facts

1 serving per container
Serving size 1 bar (70g)

Amount per serving
Calories 60

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

TransFat 0g

Cholesterol 0mg 0%

Sodium 10mg 0%

Total Carbohydrate 14g 5%

Dietary Fiber 0g 0%

Total Sugars 15g

Includes 7g Added Sugars 14%

Protein 0g

Vit. D 0mcg 0% • Calcium 0mg 0%

Iron 0mg 0% • Potas. 60mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 2.5 FL. OZ (74mL)

UPC: 0-75455-86260-2

Allergens: NONE

Ingredients:

APPLE JUICE (RECONSTITUTED), CORN SYRUP, CANE SUGAR, STABILIZER (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), ARTIFICIAL FLAVOR, RED BEET EXTRACT, SPIRULINA EXTRACT.

Sour Blue Raspberry Cyclone Cup

Sour Blue Raspberry Artificially Flavored Frozen Dairy Snack

Nutrition Facts

1 serving per container
Serving size **1 cup (79g)**

Amount per serving
Calories 90

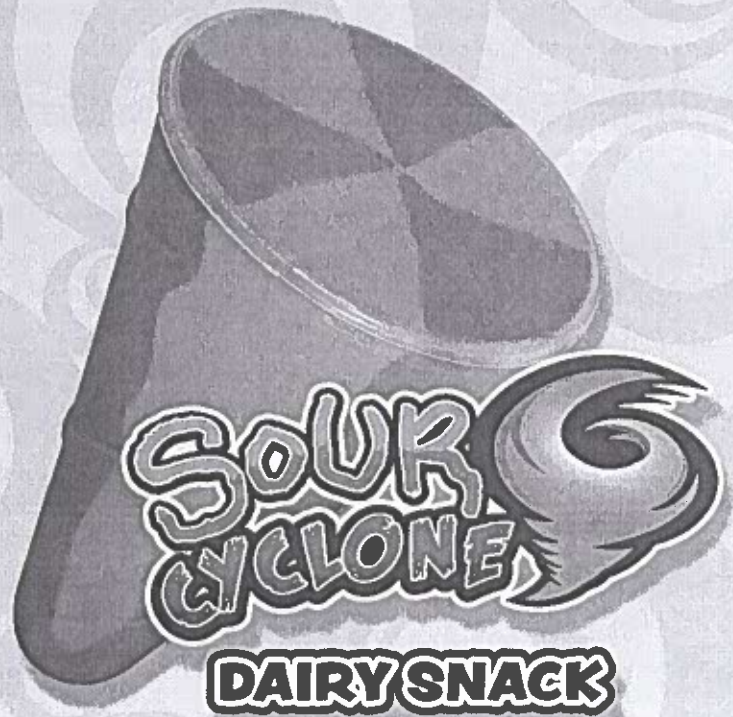
% Daily Value*

Total Fat 0.5g	1%
Saturated Fat 0g	0%
TransFat 0g	
Cholesterol <5mg	0%
Sodium 30mg	1%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 14g	
Includes 14g Added Sugars	28%

Protein 0g

Vit. D 0mcg 0%	• Calcium 30mg 2%
Iron 0mg 0%	• Potas. 50mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 3.75 FL. OZ (111mL)

UPC: 0-75455-40140-5

Allergens: MILK

Ingredients:

SKIM MILK, WATER, CANE SUGAR, WHEY, CORN SYRUP, MALTODEXTRIN (CORN), BUTTERFAT (CREAM), STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), NATURAL AND ARTIFICIAL FLAVORS, SPIRULINA EXTRACT, TURMERIC EXTRACT, CITRIC ACID.

50083

3oz. LF Cotton Candy Cup (NO HFCS)

10/23/2017

Nutrition Facts	
1 servings per container	
Serving size	3 Fl. Oz. (51g)
Amount per serving	
Calories	80
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 50mg	2%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 6g Added Sugars	12%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 82mg	6%
Iron 0mg	0%
Potassium 128mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MILK, NONFAT MILK, LIQUID SUGAR (SUGAR, WATER), CORN SYRUP, WHEY, MALTODEXTRIN, ARTIFICIAL COTTON CANDY FLAVOR (FD&C BLUE #1, FD&C RED #40), MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, VITAMIN A PALMITATE.

Contains: Milk.



97012

Low Fat Vanilla Sandwich

Vanilla Artificially Flavored Frozen Dairy Snack with Chocolatey Wafers

Nutrition Facts

1 serving per container
Serving size 1 sandwich (51g)

Amount per serving
Calories 130

% Daily Value*

Total Fat 2.5g 3%

Saturated Fat 1g 5%

TransFat 0g

Cholesterol <5mg 2%

Sodium 120mg 5%

Total Carbohydrate 24g 9%

Dietary Fiber 1g 4%

Total Sugars 11g

Includes 11g Added Sugars 22%

Protein 2g

Vit. D 0mcg 0% • Calcium 30mg 2%

Iron 0.5mg 4% • Potas. 170mg 4%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 3 FL. OZ (89mL)

UPC: 0-75455-44030-5

Allergens: MILK, WHEAT, SOY

Ingredients:

FROZEN DAIRY SNACK: SKIM MILK, WHEY, CORN SYRUP, CANE SUGAR, MALTODEXTRIN (CORN), BUTTERFAT (CREAM), STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), ARTIFICIAL FLAVOR. **WAFERS:** WHOLE WHEAT FLOUR, WHEAT FLOUR, SUGAR, COCOA (PROCESSED WITH ALKALI), PALM OIL, DEXTROSE, CORN FLOUR, CONTAINS 2% OR LESS OF THE FOLLOWING: INVERT SUGAR, SALT, BAKING SODA, MODIFIED CORN STARCH, SOY LECITHIN.

3oz. LF Vanilla/Chocolate Cup (NO HFCS)

10/23/2017

Nutrition Facts	
1 servings per container	
Serving size	3 Fl. Oz. (51g)
Amount per serving	
Calories	80
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 50mg	2%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 5g Added Sugars	10%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 83mg	6%
Iron 1mg	6%
Potassium 171mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: MILK, NONFAT MILK, LIQUID SUGAR (SUGAR, WATER), CORN SYRUP, WHEY, MALTODEXTRIN, COCOA POWDER (COCOA [PROCESSED WITH ALKALI]), MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, NATURAL AND ARTIFICIAL VANILLA FLAVOR, CARRAGEENAN, VITAMIN A PALMITATE.

Contains: Milk.

Savagely Sour Blue Raspberry Bar

Sour Blue Raspberry Artificially Flavored Juice Pop

Nutrition Facts

1 serving per container
Serving size **1 bar (70g)**

Amount per serving
Calories 60

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 7g Added Sugars	14%
Protein 0g	
Vit. D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potas. 60mg	2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 2.5 FL. OZ (74mL)

UPC: 0-75455-86265-7

Allergens: NONE

Ingredients:

APPLE JUICE (RECONSTITUTED), CORN SYRUP, CANE SUGAR, STABILIZER (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), NATURAL AND ARTIFICIAL FLAVORS, TURMERIC EXTRACT, SPIRULINA EXTRACT, CITRIC ACID.



97017

Savagely Sour Cherry Bar

Sour Cherry Artificially Flavored Juice Pop

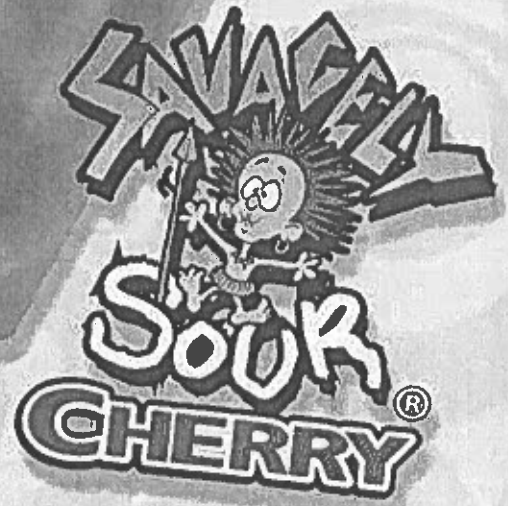
Nutrition Facts

1 serving per container
Serving size 1 bar (70g)

Amount per serving
Calories 60

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 5g Added Sugars	10%
Protein 0g	
Vit. D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potas. 60mg	2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 2.5 FL. OZ (74mL)

UPC: 0-75455-86266-4

Allergens: NONE

Ingredients:

APPLE JUICE (FROM CONCENTRATE), WATER, CANE SUGAR, CORN SYRUP, STABILIZER (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), NATURAL AND ARTIFICIAL FLAVORS, RED BEET EXTRACT, ANNATTO EXTRACT, TURMERIC EXTRACT, SPIRULINA EXTRACT, CITRIC ACID.

Strawberry Shortcake Bar

Strawberry Shortcake Artificially Flavored Frozen Dairy Snack with Crunch Coating

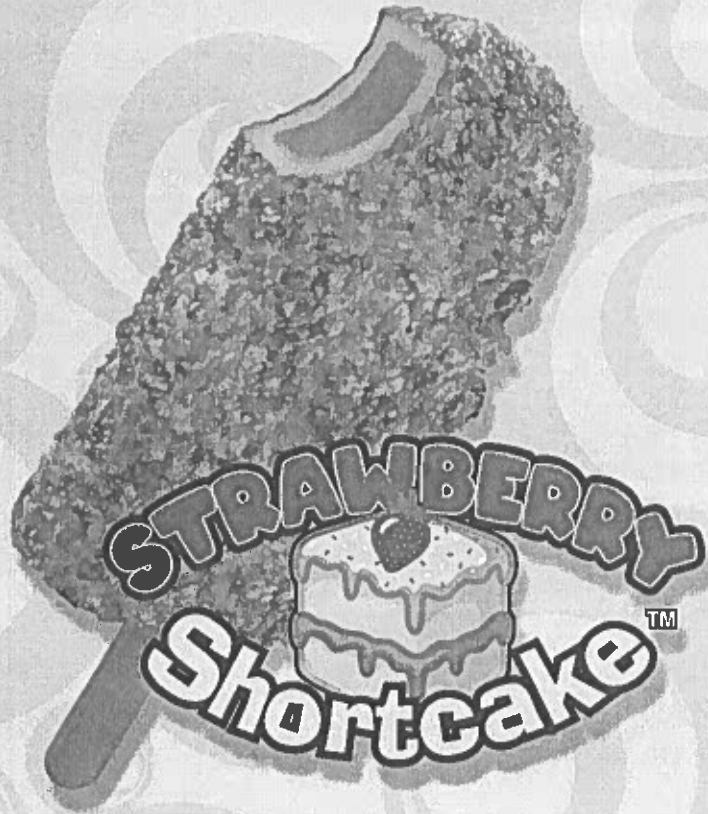
Nutrition Facts

1 serving per container
Serving size 1 bar (70g)

Amount per serving
Calories 140

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 12g Added Sugars	24%
Protein <1g	
Vit. D 0mcg 0%	Calcium 30mg 2%
Iron 0mg 0%	Potas. 90mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 3 FL. OZ (89mL)

UPC: 0-75455-85050-0

Allergens: MILK, WHEAT, SOY

Ingredients:

FROZEN DAIRY SNACK: SKIM MILK, WHEY, WATER, CANE SUGAR, CORN SYRUP, MALTODEXTRIN (CORN), BUTTERFAT (CREAM), STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), ARTIFICIAL FLAVOR, RED BEET EXTRACT, CITRIC ACID. **COATING:** SOYBEAN OIL AND PALM OIL. **CRUNCH:** WHOLE WHEAT FLOUR, WHEAT FLOUR, SUGAR, VEGETABLE OIL (SOYBEAN AND PALM OIL) CONTAINS 2% OR LESS OF THE FOLLOWING: SOY LECITHIN, SALT, NATURAL FLAVOR, RED BEET EXTRACT, ANNATO EXTRACT, BAKING SODA.

FF 4oz. Fat Free NSA Vanilla Cup

Ingredients:

Ice Cream: Skim Milk, Milk, Maltodextrin, Polydextrose, Sorbitol, Nonfat Dry Milk, Whey Powder, Stabilizer (Guar Gum, Mono & Diglycerides, Xanthan Gum, Carrageenan, Dextrose), Natural and Artificial Vanilla Flavor, Sucralose, Vitamin A Palmitate.

Contains: Milk

Nutrition Facts			
Serving Size 1/2 cup (70g)			
Servings Per Container		1	
Amount Per Serving			
Calories	70	Calories from Fat	0
		% Daily Value*	
Total Fat	0g		0%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	60mg		3%
Total Carbohydrate		16g	5%
Dietary Fiber	3g		14%
Sugars	5g		
Sugar Alcohol	2g		
Protein	3g		
Vitamin A	6%	Vitamin C	2%
Calcium	10%	Iron	0%

updated 8-6-15 sw

FF 4oz. Fat Free NSA Chocolate Cup

Ingredients:

Ice Cream: Skim Milk, Maltodextrin, Polydextrose, Sorbitol, Cocoa Processed with Alkali, Nonfat Dry Milk, Whey Powder, Stabilizer (Guar Gum, Mono & Diglycerides, Xanthan Gum, Polysorbate 80, Carrageenan, Dextrose), Sucralose, Vitamin A Palmitate.

Contains: Milk

Nutrition Facts			
Serving Size 1/2 cup (70g)			
Servings Per Container		1	
Amount Per Serving			
Calories	70	Calories from Fat	0
			% Daily Value*
Total Fat	0g		0%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	50mg		2%
Total Carbohydrate		17g	6%
Dietary Fiber	4g		16%
Sugars	4g		
Sugar Alcohol	2g		
Protein	3g		
Vitamin A	6%	Vitamin C	2%
Calcium	10%	Iron	0%

updated 8-19-15 sw



9 7004

Orange Cream Bar

Orange and Vanilla Naturally and Artificially Flavored Frozen Dairy Snack

Nutrition Facts

1 serving per container
Serving size 1 bar (59g)

Amount per serving
Calories 90

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0.5g	3%
TransFat 0g	
Cholesterol <5mg	0%
Sodium 35mg	2%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 13g Added Sugars	26%

Protein 1g	
Vit. D 0mcg 0%	• Calcium 38mg 2%
Iron 0mg 0%	• Potas. 86mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 2.5 FL. OZ (74mL)

UPC: 0-75455-86010-3

Allergens: MILK

Ingredients:

SKIM MILK, WHEY, CANE SUGAR, CORN SYRUP, WATER, MALTODEXTRIN (CORN), BUTTERFAT (CREAM), STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), NATURAL AND ARTIFICIAL FLAVORS, ANNATTO EXTRACT, TURMERIC EXTRACT, CITRIC ACID.



67035

Cherry Polar Pole

Cherry, Naturally and Artificially Flavored Frozen Dairy Snack

Nutrition Facts

1 serving per container
Serving size 1 tube (45g)

Amount per serving
Calories 70

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	0%
Sodium 15mg	1%
Total Carbohydrate 16g	6%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 12g Added Sugars	24%
Protein 0g	
Vit. D 0mcg	0%
Calcium 10mg	0%
Iron 0mg	0%
Potas. 37mg	0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Size: 2.75 FL. OZ (81mL)

UPC: 0-75455-42570-8

Allergens: MILK

Ingredients:

SKIM MILK, WATER, CANE SUGAR, WHEY, CORN SYRUP, MALTODEXTRIN (CORN), BUTTERFAT (CREAM), STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), NATURAL AND ARTIFICIAL FLAVORS, RED BEET EXTRACT, CITRIC ACID.

3oz. LF Chocolate Ripple Cup (NO HFCS)

10/23/2017

Nutrition Facts

1 servings per container
Serving size 3 Fl. Oz. (51g)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 5mg	2%
Sodium 50mg	2%
Total Carbohydrate 16g	6%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 6g Added Sugars	12%

Protein 2g

Vitamin D 0mcg	0%
Calcium 77mg	6%
Iron 0mg	0%
Potassium 126mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MILK, NONFAT MILK, LIQUID SUGAR (SUGAR, WATER), CORN SYRUP, CHOCOLATE SAUCE (CORN SYRUP, WATER, SUGAR, COCOA, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, POTASSIUM SORBATE [PRESERVATIVE], VANILLIN), WHEY, MALTODEXTRIN, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL VANILLA FLAVOR, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, VITAMIN A PALMITATE.

Contains: Milk.

Frederick Farms 4oz Orange Sherbet Cup

Ingredients:

Milk, Water, Liquid Sugar (Sugar, Water), Corn Syrup, High Fructose Corn Syrup, Orange Base (Water, Orange Juice Concentrate, Orange Pulp, Natural Flavor, Citric Acid, FD&C Yellow # 6, FD&C Red # 40) Whey, Cream, Mono & Dglycerides, Guar Gum, Carboxymethyl Cellulose Gum, Citric Acid, Nonfat Milk, Carrageenan.

CONTAINS: MILK

Nutrition Facts			
Serving Size		4 Fl. Oz.	(75g)
Servings Per Container		1	
Amount Per Serving			
Calories		110	Calories from Fat 10
		% Daily Value*	
Total Fat	1g		2%
Saturated Fat	0.5g		3%
Trans Fat	0g		
Cholesterol	5mg		1%
Sodium	20mg		1%
Potassium	55mg		2%
Total Carbohydrate		23g	8%
Dietary Fiber	0g		0%
Sugars	16g		
Protein	1g		
Vitamin A	0%	Vitamin C	2%
Calcium	4%	Iron	4%

updated 6-24-15 sw

Frederick Farms 4oz Raspberry Sherbet Cup

Ingredients:

Milk, Water, Liquid Sugar (Sugar, Water) Corn Syrup, High Fructose Corn Syrup, Raspberry Flavoring (High Fructose Corn Syrup, Water, Raspberry Juice Concentrate, Natural and Artificial Flavors, Citric Acid, FD&C Red #40, FD&C Blue #1), Whey, Cream, Mono & Diglycerides, Guar Gum, Carboxymethyl Cellulose Gum, Nonfat Milk, Carrageenan, Citric Acid.

CONTAINS: MILK

Nutrition Facts			
Serving Size		4 Fl. Oz.	(75g)
Servings Per Container		1	
Amount Per Serving			
Calories	110	Calories from Fat	10
			% Daily Value*
Total Fat	1g		2%
Saturated Fat	0.5g		3%
Trans Fat	0g		
Cholesterol	5mg		1%
Sodium	20mg		1%
Total Carbohydrate		24g	8%
Dietary Fiber	0g		0%
Sugars	17g		
Protein	1g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	4%

updated 6-24-15 sw



Product Fact Sheet

Product Information

Manufacturer Name: Country Pure Foods
Product Name: SideKicks Blue Raspberry-Lemon
Manufacture Number: #2009
Juice Percentage: 100% Juice
School Nutrition Requirements: 1/2 Cup Fruit
Allergy Statement: This product does not contain ingredients from the 8 major food groups considered as allergenic (milk, eggs, soybean, wheat, peanuts, tree nuts, fish, and shellfish) under the Food Allergen labeling and Consumer Protection Act of 2004 (FALCPA).
Buy American: Meets USDA FSN K12 Buy American Provision

Packaging Information

Package Size: 4.4 fl. oz.
Servings Per Container: 1
Package Type: Cup
Shipping/Storage: Shipped and Stored Frozen 0° F or Below
Case Weight: 25.35 Lbs.
Cases per Pallet: 72, 9 Block/ 8 Tier
Units per Case: 84

Nutrition Facts
 Serving Size: 4.4 fl. oz. (130mL)
 Servings Per Container 1

Amount Per Serving		
Calories	90	
		% Daily Value*
Total Fat	0g	0%
Sodium	30mg	1%
Potassium	60mg	1%
Total Carbohydrates	22g	7%
Sugars	19g	
Protein	0g	
Vitamin A		20%
Vitamin C		100%
Calcium		8%

Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber and iron.

*Percent Daily Values are based on a 2,000 calorie diet
 **Sugars are those naturally occurring in the fruit juices

Product Ingredients

Ingredients: Fruit Juice (Water, White Grape, and Pear Juice Concentrates), Less than 2% of: Citric Acid, Natural and Artificial Flavors, Tricalcium Phosphate, Ascorbic Acid (Vitamin C), Salt, Turmeric (For Color), Vitamin A, Palmitate, Blue 1, Guar Gum, Carob Bean Gum, Xanthan Gum.



Susan Woods
 Director of Product Innovation
 01/01/18



2075



Product Fact Sheet

Product Information

Manufacturer Name: Country Pure Foods
Product Name: Smooth-Frozen SideKicks Kiwi-Strawberry
Manufacture Number: #2014
Unit UPC: None

Case UPC: 
10743881194141

Juice Percentage: 100%
School Nutrition Requirements: 1/2 cup Fruit
Country of Origin: USA, China, Argentina, Chile, Canada, Spain
Allergy Statement:
 This product does not contain ingredients from the 9 major food groups considered as allergenic (milk, eggs, soybean, wheat, sesame, peanuts, tree nuts, fish, and shellfish) under the Food Allergen Labeling and Consumer Protection Act (FALCPA).

Product Call-Outs

Bio-Engineered Compliant: Yes
Kosher Certified: no
Smart Snack Compliant: Yes

Packaging Information

Package Size: 4.4 fl. oz.
Servings Per Container: 1
Package Type: Frozen Cup
Shipping/Storage: Frozen
Shelf-Life/Handling: 12 Months Frozen / Keep Frozen at 0°F or Below
Case Weight: 25.35 lbs
Cases per Pallet: 63, 9 Block/ 7 Tier
Units per Case: 84

1/1/2024

Date

Michelle Friedrich

Nutrition and Regulatory Specialist



222 S. Main St., Suite 401, Akron, OH 44308 | 877-995-8423 | countrypure.com

Nutrition Facts

1 serving per container

Serving Size 4.4 fl. oz. (130mL)

Amount Per Serving	
Calories	90
% Daily Value*	
Total Fat 0g	0%
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrates 23g	8%
Total Sugars 21g	
Includes 0g Added Sugars	0%
Calcium 90mg	6%
Iron 1.4mg	8%
Potassium 80mg	2%
Vitamin A 180mcg	20%
Vitamin C 60mg	70%

Not a significant source of saturated fat, trans fat, dietary fiber, protein, and vitamin D.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Ingredients

Fruit Juice (Water, White Grape and Pear Juice Concentrate), Less than 2% of Citric Acid, Natural Flavors, Tricalcium Phosphate, Vegetable Juice (for Color), Salt, Ascorbic Acid (Vitamin C), Turmeric (for Color), Vitamin A Palmitate, Yellow 5, Blue 1, Guar Gum, Carob Bean Gum, Xanthan Gum.

